

SCHOOL HOLIDAY PROGRAMME




Mon 28 Sept

EIT Presentation:
"What's next after Y13?"
with Analeah
11am - 12 pm



Tues 29 Sept

The Art of Natural Makeup
with Cushla
10 - 11 am \$5pp

Facial Massage & Nails
with Leah \$10pp
30min app between 12 - 3pm

**Mother & Daughter
Reflexology**
with Brigit
2 - 3 pm \$5pp

Wed 30 Sept

Beading Workshop
with Kathy
12 - 1.30 pm \$5 per piece

Thu 1 Oct

Learn how to crochet
with Alaura
1 - 3 pm \$5pp



Fri 2 Oct

**Make Your Own Soap
Workshop**
with Kathy
12 - 3 pm \$5 per bar

Mon 5 Oct

"Next Chapter"
Supporting Teens
Confidence & Direction
with Jo
11 am - 12 pm

Tues 6 Oct

"Perfectly Imperfect"
with Korrin Barrett
11 am - 1 pm
Open to adults & teenagers

Wed 7 Oct

Essential Oils
with Julie
10 - 11.30 am \$5 per roller

Thu 8 Oct

"Perfectly Imperfect"
with Korrin Barrett
11 am - 1 pm
Open to adults & teenagers

Fri 9 Oct

**Bracelets and Hairbands
Workshop**
with Kathy
12 - 2 pm \$5 per piece



We welcome teenagers from 14 yrs old.
Under 14 yrs must be accompanied by a female adult.
Registrations essential. Please contact admin@hwc.nz
020 408 56695 / 06 878 5401
corner of Eastbourne & Russell Streets, Hastings



EIT Presentation	with Analeah	Monday 28 Sept 11am - 12pm	FREE	What's after year 13? The presentation is designed to give students an overview of the study opportunities available at EIT as well as an insight to student support services and student life.
The Art of Natural Makeup	with Cushla	Tuesday 29 Sept 10 - 11 am	\$5pp	Cushla is a professional makeup artist who has spent many years supporting women to feel confident with their natural beauty. This workshop is about learning the art of natural makeup and to recreate your new look with confidence at home.
Facial Massage & Nails	with Leah	Tuesday 29 Sept 12 - 3pm	\$10pp	Leah is offering relaxing facial massages and nail treatments with standard polish, providing a little time for self-care and pampering. She may also be able to offer additional beauty services, including brow shaping and waxing, facial waxing, and underarm waxing, subject to demand.
Mother & Daughter Reflexology	with Brigit	Tuesday 29 Sept 2 - 3 pm	\$5pp	A special mother and daughter reflexology session focused on relaxation, connection, and learning together. In this interactive group workshop, Brigit will demonstrate simple reflexology techniques and teach the basics so participants can confidently practise at home. It's a wonderful opportunity to spend quality time together while learning practical self-care skills that can support wellbeing for the whole family.
Beading Workshop	with Kathy	Wednesday 30 Sept 12 - 1.30 pm	\$5 per piece	A fun and creative beading workshop during the school holidays! Using recycled jewellery and beads, you'll have the chance to relax, get creative, and transform pre-loved pieces into something beautiful and unique. Perfect for all skill levels, this session is a wonderful opportunity to unwind, learn a new skill, and take home your own handmade creation.
Learn How to Crochet	with Alaura	Thursday 1 Oct 1 - 3 pm	\$5pp	Join Alaura during the school holidays for a fun and relaxed crochet workshop where you'll learn the basics and create something amazing. With a selection of beginner-friendly patterns to choose from, you'll be able to make a project that suits your style while learning a creative new skill.
Make Your Own Soap Workshop	with Kathy	Friday 2 Oct 12 - 3 pm	\$5 per bar	Get creative and discover the fun of soap making in this hands-on workshop. You'll learn how to create your own beautiful, personalised soaps using a variety of colours, scents, and decorative elements. Whether you're making a gift or treating yourself, this relaxing and enjoyable session is a great way to learn a new skill.

"Next Chapter" supporting teens confidence & direction	with Jo	Monday 5 Oct 11 am - 12 pm	FREE	Not sure what comes after high school? You're not alone! Next Chapter is a workshop designed especially for teens who are exploring their options and figuring out their next steps. Through practical activities, discussion, and guidance, you'll discover pathways in study, work, training, and life beyond school.
"Perfectly Imperfect"	with Korrin	Tuesday 6 Oct & Thursday 8 Oct 11 am - 1 pm	FREE	Korrin provides motivation & tools to overcome adversity in the lives of those in your network. In 2012, Korrin's life changed forever when she survived sepsis, resulting in the amputation of her hands and feet. Now, she uses her incredible story of survival to motivate, inspire, and empower individuals to live their best lives.
Essential Oils	with Julie	Wednesday 7 Oct 10 - 11.30 am	\$5 per roller	Curious about essential oils? Come along for a fun, hands-on session where you'll explore awesome scents, learn cool ways to use essential oils in everyday life, and discover how they can support relaxation, focus, and self-care. Mix, sniff, create, and take home your own personalised blend. It's the perfect workshop for teens who love trying new things, getting creative, and learning simple wellness hacks!
Bracelets and Hairbands Workshop	with Kathy	Friday 9 Oct 12 - 2 pm	\$5 per piece	Get crafty and create your own bracelets and hairbands! A fun, hands-on workshop where you'll design stylish accessories to wear, share, or gift.



**Heretaunga
Women's
Centre**

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